

## **CERTIFICATE** OF PARTICIPATION

This is to certify that

## Lenus Serfontein

Has successfully participated & completed the

Cross TriathIon - Sprint Curro College Cross- Tri & Dua #3 (Off Road) held at Curro College Hazeldean.

## **TIME** 02:18:41

**PACE** 10.38km/h **OVERALL** 14 of 17

**GENDER** 12 of 14 **40 - 44** 4 of 4



outTime

Signature

03 September 2023, Sun Date